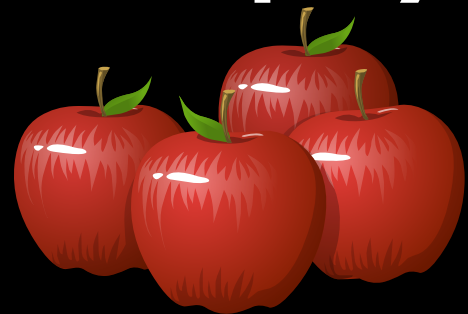


# IV SAFETY DAY WORK AND HEALTH PROTECTION

for employees, students and doctoral students

Faculty  
Social  
Sciences



Look for a crate of apples  
in your Department



**MAY 9 2024**

10:00-12:45  
room C213-214

1 Exercises with a physiotherapist\*

10:00-14:00  
Rotunda - lobby

2 Consultation with a podiatrist\*

10:00-14:00  
Rotunda - lobby

3 Office massage\*

11:00-14:00  
room B210

4 Rapid diagnostic tests\*

10:15-12:30  
Rotunda - level -1

5 First Aid Workshop\*

11:00-12:45  
room B202

6 Workshop - hemorrhages\*.  
taming massive hemorrhages

10:00-11:00  
room S211

7 Fire workshop  
+ practical use of fire extinguishers

11:00-14:30  
Wejście przed WNS

8 Simulation of firefighting

11:00-14:30  
Rotunda - lobby

9 Presentation of the shiva

10 VR glasses

11 ALKOgoggles, NARKOgoggles

12 Health and Safety Wheel of Fortune

13 Photo booth

14 ENERGObike

15 DKMS Foundation

**START 13:00**

Parking lot at the Faculty of Social Sciences

## III Run for Health

Distance of 1,5 km  
Regardless of age and fitness  
Run, march or bring your Nordic walking poles

Bring sportswear and a positive attitude  
The first 100 people will receive a medal and a gift

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To sign up click  
here or scan the  
QR code



### "Health and safety crossword puzzle" contest

Form and regulations available at  
[www.bhp.ug.edu.pl](http://www.bhp.ug.edu.pl)

There are 16 material prizes to be won.

Registration for activities 1 - 6  
from April 11 09:00

The order of registration is decisive.  
Number of places limited.

Look for more information at  
[www.bhp.ug.edu.pl](http://www.bhp.ug.edu.pl)



**Event map**

If in doubt, contact the staff of the UG Occupational Safety and Health Office.

\*dotyczy tylko pracowników UG