



LEARNING FROM ACCIDENTS NO. 31/2023

POTENTIAL HAZARDOUS INCIDENT NO. 004/2024 FROM 21.11.2023 r. r.

INCIDENT DESCRIPTION: The victim, upon arriving at the rented premises, put her suitcase (15 kg) on a shelf 1.7 m high, after which she felt severe pain in her lumbar spine

INJURY: Proximal injury to the motor fibers of the left fibular nerve

EVENT PLACE: France (delegation)

DIRECT CAUSE OF THE ACCIDENT: Excessive skeletal-muscular load

INDIRECT CAUSES OF THE ACCIDENT: Lift the suitcase above the shoulder girdle in one motion and with a full body rotation

CORRECTIVE AND PREVENTIVE ACTIONS:

- Discuss the causes and circumstances of an accident at work in the business unit, with particular attention to the principles of lifting and lifting standards.
- Immediately inform the Office of Labor Safety and Health Protection of accidental incidents, in accordance with § 3 of Order No. 138/R/22 of the Rector of the University of Gdansk, dated November 2, 2022, on how to deal with accidental incidents at the University of Gdansk
- Initiate a change in the job risk assessment.

REMEMBER !

- The maximum weight to be carried above the shoulder girdle during casual work for women is 14 kg, and for men 35 kg!